

# WEST CATHOLIC ATHLETIC LEAGUE

## 2019 Track & Field Championships

April 30, May 1 and 3, 2019

Saint Francis High School

### Event Responsibilities

	Girls	Boys
High Jump	Saint Ignatius	Junipero Serra
Triple Jump	Bellarmino	Bellarmino
Long Jump	Valley Christian	Riordan
Pole Vault	Saint Francis	Saint Francis
Shot Put	Sacred Heart Cathedral	Sacred Heart Cathedral
Discus	Saint Ignatius	Archbishop Mitty
Hurdles	1-2	Archbishop Riordan, Sacred Heart Cathedral
(Flights numbered from	3-4	Saint Ignatius, Valley Christian
Starting line to finish line)	5-6	Junipero Serra, Archbishop Mitty
	7-8	Presentation, Bellarmino
	9-10	Saint Francis
Wind Gauges	Saint Francis	Saint Francis
Relay Zones – 1		Saint Ignatius, Valley Christian
Relay Zones – 2		Archbishop Mitty, Saint Francis
Relay Zones – 3		Bellarmino, Presentation, Junipero Serra
Weigh In's		Bellarmino, Presentation, Archbishop Mitty, Saint Ignatius

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Archbishop Mitty • Archbishop Riordan • Bellarmino • Junipero Serra • Presentation  
Sacred Heart Cathedral • Saint Ignatius • Saint Francis • Valley Christian